

GLITTER GERMS

Help kids see how germs spread!

Materials:

- Glitter
- Hand lotion
- Willingness to clean up glitter

Have your kid(s) put a little lotion on their hands, then sprinkle on some glitter.

Have each child shake hands with one or two other family members, then go about your day normally.

Where does the glitter end up?

Soon you'll begin to find it on door knobs, faces, clothes and everywhere else. Germs spread like this glitter, so kids can visualize why regular hand washing is so important!

